

## Frequently Asked Questions Regarding Ebola

The health and safety of our students is always our top priority in Dallas ISD. When issues of concern are brought to our attention we feel it is important to share that with our parents, staff and community. This morning (Oct. 1, 2014), the district was made aware that five students that attend a Dallas ISD school may have had contact with an individual who was recently diagnosed with the Ebola virus. We have prepared the following to help answer parent, staff and community questions. Additional resource information is available through the CDC website as well.

### **What is Ebola**

Ebola is found in several African countries. It is a rare and potentially fatal disease caused by infection with a virus of the family Filoviridae, genus Ebolavirus.

### **How is Ebola spread?**

Individuals are not contagious until symptoms appear. The virus can only be spread through bodily fluids. It is not an airborne disease.

### **What are the signs and symptoms?**

A person infected with Ebola is not contagious until symptoms appear. Signs and symptoms of Ebola typically include: fever (greater than 101.5 F), severe headache, muscle pain, vomiting, diarrhea, stomach pain and unexplained bleeding or bruising.

### **Risk of Exposure**

In an outbreak, those at highest risk include healthcare workers and family and friends of a person infected with Ebola.

### **Prevention**

Always wash your hands with soap and water, always cook your food properly, go to a health facility when you have a headache, fever, pain, diarrhea, red eyes, rash and vomiting.

*The above information has been compiled from CDC resources. For more information, [visit the CDC website](#).*